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## OVERHEARD IN THE POWDER ROOM



'To avoid dehydration, it's important to drink as much water as possible to keep your body hydrated as well as the skin. There are also topical solutions such as Hyaluronic Acid and Humectants (ingredients that prevent the loss of moisture) that will really help.' **Rabbia Aslam**, Clinical Director at HC MedSpa

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# POWDER

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